

# John Michael DeMarco



John Michael DeMarco is a husband, dad of daughters, writer, certified executive coach, feminist, and ally, helping liberal, well-read men become more mindful allies to women in their families, at work, and in society.

He does this by writing books, blogs, and social media posts that entertain, inform, and motivate, and through executive coaching sessions that provoke fresh insights and purposeful action.

John's experience includes more than 25 years of professional work as an author, journalist, and freelancer, as well as nearly 15 years as a certified executive coach, public speaker, and human resources professional. His books include:

- [\*The Book Club Widowers\*](#)
- [\*Narcissus Blinkered \(Three Novellas\)\*](#)
- [\*The 4 Spheres of Intentional Living\*](#)

John lives in Nashville, Tennessee, with his family. To learn more, please visit [www.johnmichaeldemarco.com](http://www.johnmichaeldemarco.com)

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